

UC Corrections Institute presents

Core Correctional Practices

In the 1980s, Andrews and Kiessling introduced Core Correctional Practices, commonly referred to as CCPs, as a way to increase the therapeutic potential of rehabilitation. Core Correctional Practices are approaches staff should utilize with participants. Research shows, if implemented properly, Core Correctional Practices can reduce recidivism by teaching participants how to engage in long-term prosocial behavior. UCCI has developed a formalized training protocol to instruct staff on these skills and their support of cognitive behavioral programming. CCPs are relevant to direct care, security staff, and treatment staff. Specific topics addresses in training include: the principles of effective intervention, core correctional practices (relationships skills, effective use of reinforcement, effective use of disapproval, effective use of authority, prosocial modeling, cognitive restructuring, social skills training and problem solving skills), principles of effective behavior management system, and implementation of CCP. Further, Coaches and Trainers protocols have been developed to support both staff and agency sustainability of proficiency, quality, and ongoing implementation.

END USER

The end user session is two days of training for a maximum of 30 trainees, and is outlined below:

- Day 1: Intro to CCP; Review of principles of effective intervention; Introduce/practice quality interpersonal relationships, and effective reinforcement
- Day 2: Introduce/practice of effective disapproval, effective use of authority, cognitive restructuring; anti-criminal modeling, structured learning/skill building, problem solving

CCP COACHES TRAINING*

The coaches training is three days of training for a maximum of 12 trainees, and is outlined below:

- Day 1/2: Introduce/practice coaching model (coaching, feedback, modeling, documentation)
- Day 3: Integrated UCCI/Agency Coach practice of coaching model with agency staff

TRAINING-OF-TRAINERS*

The training-of-trainers' session is five days of training for a maximum of 12 trainers, and is outlined below:

- Days 1/2: In depth review of CCPs and UC's 2-day end user materials
- Day 3: Teachbacks to practice delivering the training components.
- Days 4/5: Newly trained trainers deliver live end-user training(s) to new agency trainees

**Please note that participation in Coaching or Trainer sessions requires participants to have completed the initial CCP end user training and developed proficiency in using the skills.*

CONTACT

For more information about CCP, please contact UCCI Program Manager Jennifer Scott at Jennifer.Scott@uc.edu or (513) 556-7765.

Andrews, D. A., & Kiessling, J. J. (1980) Program structure and effective correctional practices: A summary of the CaVIC research. In: Ross, R. R. & Gendreau, P. (Eds.) *Effective correctional treatment* (pp. 101-126). Toronto, Canada: Butterworth.